# **Breakfast Menu**

# **ACAI BOWL VG \$18**

Organic Sambazon Smoothie topped with Fresh Fruit and Granola.(GFA)

## **YOGHURT BOWLS VG \$17**

Berry Sunrise or Tropical Dream.

Coconut Yoghurt, Granola, Seasonal Fresh Fruit, topped with Berry or Tropical Chia Compote. (GFA)

#### **PLANT PORRIDGE VG \$18**

Creamy Oats, Caramelised Pears, Dates and Almonds. Served with Coconut Yoghurt and Almond Butter

#### **SUPER SEEDY TOAST VG (GFA)**

- Almond Butter, Fresh Banana and Maple Syrup \$14.5
  - Cream Cheese with Berry Chia Compote \$14.5
    - Pesto, Avocado, Tomato and Basil \$17.5
      - Hummus, Sauerkraut or Kimchi with Hempseedy Mix \$16.5

# **SCRAMBLED TOFU ON SOURDOUGH VG (***GFA***)** \$16.5

SCRAMBLED EGGS
ON SOURDOUGH \$16.5

(Vegetarian, Dairy Free, GFA)

WILD CREAMY MUSHROOMS ON SOURDOUGH VG \$19.5 (GFA)

# **KETO HALLOUMI BREAKFAST \$25**

Smoky Beans and Jackfruit, Halloumi, Spinach, Seeded Avocado, Salsa, Boiled Eggs. (Vegetarian, GF)

## ADD EXTRAS TO YOUR BREAKFAST:

Crispy Potatoes \$6 / Grilled Mushrooms \$6 Halloumi \$8 / Avocado \$3.5 / Spinach \$6 / GF Toast \$3 Potato Rosti \$5 / Creamy Mushrooms \$8

> Now on Deliver Easy Order straight to your door!